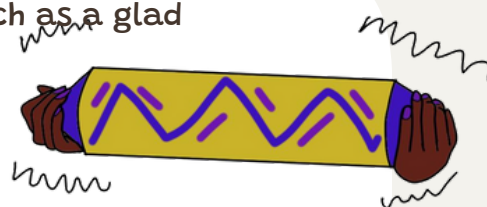


Make a Shaker -

18 months + with adult supervision

What you Need

- Paper towel rolls (or any long cardboard tube such as a glad wrap or alfoil inner roll)
- Duct or mailing tape
- Milk bottle caps
- Rice, dried beans, or similar to fill them with
- Markers, paint anything to make the shakers extra colorful
- Scissors



What we Will do

1. Take the Milk bottle cap and insert into one opening of the roll and tape and wrap into place with a nice seal.
2. Fill the shaker with rice, beans, or similar (1-2 tablespoons is enough) and seal the other end the same way you sealed the first.
3. Then you are ready to decorate.

Tell your little the brighter the better, Rara instruments are KNOWN for their colorfulness.

Have your little experiment with the different sounds they can make, shake them fast, slow in a circle etc.

Notes

In our Sounds of Haiti book, we introduce all sorts of instruments of Haiti, you can try and make some at home.

Explain to your child how Kreyol is phonetic, and a shaker is called "katchapouf" its used in a style of musical expression called "Rara" in Haiti and Gaga in the Dominican Republic.

They are normally made with bamboo and filled with seeds & rocks.

Encourage your littles to tell their friends about their "katchapouf."

